Life Lessons

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Life Lessons # 31 to 40

- A request :
- Please read it slowly, carefully and think about it to absorb the meaning.
- If it is worth implementing in real life, then please try to implement it.

- Because of multiple choices and information overload, we often get confused about what to do and what not to do. More Options, More Confusion.
- In such a situation, sometimes it is better to first decide 'What Not To Do'.
- Simply speaking, prepare a negative list first. Put it in writing and see the magic, your confusion has gone.

- Success is in Big things.
- Happiness is in Small things.
- Meditation is in Nothing.
- God is in Everything.
- That's called Life. Be excited to be Alive.

- Comparison generally leads to unhappiness.
- To be Happy, just count your own Blessings. Be happy about what you have and what you possess.
- For Growth, try to compete with yourself and try to improve upon your previous performance.
- Make the best use of what you have, instead of crying about what you don't have.

- Be Humble, it costs nothing.
- **BEHAVIOR** is sometimes greater than **Knowledge.**
- Because in Life, there are many situations where Knowledge fails,
- But **Behaviour** can handle **EVERYTHING**.

• When you need a professional advice, get it from professionals, not from your friends.

- Communication is like Lifeline in any Relation.
- When you stop Communication, you start losing your valuable relations.

- Knowledge is not to be used only for reading, listening and feeling nice,
- But to be experimented & implemented in daily life.

- The Ups & Downs in life are also very important to keep us going, because
- A straight line even in ECG means we are not alive.
- Every experience brings out something good.
- Good times become Good memories,
- Bad times become Good lessons,
- We never lose, we only gain from life.
- Life is a Journey, just carry it on without complaining.

- When you get free time, just sit for few minutes along and think what are your values?
- How do you want to live your life?
- Just define a set of values for yourself and then use those values with everyone, every time and everywhere.
- This will help you to live life with stable mind and with fearless heart.

- If somebody has done something wrong to you, it depends entirely on yourself how much you get hurt.
- Choice is yours.
- You can take it as a lesson and let go of it OR you may remain hurt for a long time and lose your ability to trust anyone else.

Thank you !

Please share it if you like it.

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